

TOUR IN NEPAL

Nepal Mid-West Himalayan Tea Garden Tour

'exciting tour of traditional hill villages, tea-gardens in the shade of snow peaks'



Overview

ACCOMODATION

HOTELS IN
KATHMANDU /
POKHARA / CHITWAN
AND IN LOCAL HOME-
STAY COTTAGE IN
GHALE-GAON.

ACTIVITY REGION

NEPAL FAR NORTH
MID-WEST AROUND
KASKI DISTRICT OF
GANDAKI ZONE-STATE-
04 OF NEPAL

TOTAL DURATION

12 NIGHTS & 13 DAYS
FROM ARRIVAL TO
DEPARTURE

DURATION

13 DAYS, 12 NIGHTS

Nepal Mid-West Himalayan Tea Garden Tour includes all the best scenic and cultural places in the country. From the high green hills of Ghale-Gaon and Nagarkot to the verdant valley of Pokhara and as low to the sub-tropical Terai belt.

Nepal Mid-West Himalayan Tea Garden Tour mainly highlights people who are interested in how the tea is grown and harvested.

Although Nepal has limited areas for Tea-Garden from foothills to higher ridges up to 2,100 m line in Ghale-Gaon. Besides the tour of the Tea Garden the journey takes you to various exciting places with some exciting adventures like rafting.

Includes thrill of wild-life safari in the heart of Chitwan National Park's dense tropical jungle. Where endangered and exotic flora and fauna are found which is nearly extinct in the world. Like the rare and elusive Royal Bengal Tiger, One Horned Rhinoceros, and many mammals with different species of bird life.

Nepal Mid-West Himalayan Tea Garden Tour, besides visiting exciting places in Nepal, is also an education tour. Where visitors can benefit by learning the arts and crafts, as well as how tea is processed with local immense cultures.

A wonderful tour that suits all types of travelers and age groups.

From family, and school/college groups to corporate executives, where one can enjoy and get refreshed within natural surroundings. In the close shadow of the high Himalayan peaks of Annapurna, Manaslu, and Lamjung Himal.

The most interesting places to experience on the Nepal Mid-West Himalayan Tea Garden Tour, with an enjoyable thrill of rafting the Trisuli River. Visiting the high hill traditional villages of indigenous Ghale and Gurung tribes enriched with age-old custom. Having time in beautiful Pokhara, a city blessed with the natural beauty of serene lakes and snow peaks of the Annapurna Himalayas.

Certainly, a great trip covering nearly all the best of Nepal, with stunning sunrise views from Sarankot and Nagarkot. An exciting tour of the world heritage sites of Kathmandu and Bhaktapur cities makes this trip most memorable and delightful holidays.

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Day 01: Arrival in Kathmandu.Altitude: 1,350 m/ 2,821 feet. **Overnight:** Tourist standard Hotel at Kathmandu.

Meals Included: Welcome Group Dinner.

Day 02: Sightseeing in Kathmandu Durbar Square, Swayambhunath Stupa.Altitude: 1,350 m/ 4,428 ft. (Kathmandu) **Meals:** Breakfast only.
Overnight: Hotel in Kathmandu.

Day 03: Drive to Rafting 'put in point' Chauradhi road-side village After rafting 3 hour drive to Bandipur. Distance: 70 k.m. to Chauradhi. **Approx.** 03 hour drive and Rafting for 2 hour.

Altitude: 1,030 m. At Bandipur. **Distance** 143 k.m. west of Kathmandu and 80 k.m. from Pokhara. **Approx.** 3 hour drive to Bandipur.

Meals: Breakfast in Kathmandu, Lunch on Rafting Dinner at Bandipur.

Day 04: Drive to Ghale Gaon village. Altitude: 2,100 m/ 6,890 feet.

Approx. 05 hour drive.

Overnight: Home Stay huts / cottage. Meals Included: Breakfast-Lunch on route and Dinner in Ghale-Gaon.

Day 05: At Ghale Gaon village. Altitude: 2,100 m/ 6,890 feet. **Activities.**

Visit tea garden and collect information.

Overnight: Home Stay huts / cottage. **Meals Included:** Breakfast-Lunch and Dinner in Ghale-Gaon.

Day 06: Drive to Pokhara. Altitude: 860 m/ 4,428 feet. **Approx.** 04 hours.

Overnight: at tourist standard Hotel in Pokhara near Phewa Lake side.

Meals Included: Breakfast next morning.

Day 07: At Pokhara. Altitude: 860 m/ 4,428 feet.

Overnight. Tourist standard Hotel in Pokhara near Phewa Lake side.

Activities: Tour of Sarankot and natural wonders of Pokhara.

Meals Included: Breakfast only.

Day 08: Drive to Chitwan. Altitude: 415 m/ 1,361 feet. **Approx.** 05 hour drives.

Overnight: at tourist standard Hotel in Chitwan near National Park.

Meals Included: Breakfast next morning, Lunch and Dinner.

Day 09: At Chitwan.Altitude: 415 m/ 1,361 feet. **Activities.** Jungle programs, elephant safari.

Overnight: at tourist standard Hotel in Chitwan near National Park.

Meals Included: Breakfast, Lunch and Dinner.

Day 10: Drive to Bharatpur airport for flight to Kathmandu.Altitude: 1,350 m/ 4,428 ft. (Kathmandu) **Meals:** Breakfast only.

Activities: Tour of Bhaktapur and drive to **Nagarkot** at 2,100 m / 6,890 feet.

Overnight: Hotel in Nagarkot.

Meals Included: Breakfast only. Lunch and Dinner personal expenses.

Day 11: Drive Kathmandu.Altitude: 1,350 m/ 4,428 ft. (Kathmandu)

Activities: Singing Bowl Therapy. **Overnight:** Hotel in Kathmandu.

Meals Included: Breakfast only. Lunch and Dinner personal expenses.

Day 12: In Kathmandu.Altitude: 1,350 m/ 4,428 ft. (Kathmandu)

Activities: Free day at leisure options for morning mountain flight.

Overnight: Hotel in Kathmandu.

Meals Included: Breakfast only. Lunch and Dinner personal expenses.

Day 13: Final International Flight Departure for Homeward Bound.Meal Included: Breakfast Only.

Trip Highlights

- Enjoy the tour around exciting and scenic places of Mid-Western Nepal.
- Scenic and enjoyable float Rafting downstream on Himalayan Rivers of Trisuli.

- Explore the traditional hill villages of Ghale Gaon and its lovely small tea-garden.
- Tour of beautiful Pokhara with stunning sunrise from scenic Sarankot view-point.
- Exciting jungle safari in the dense green tropical jungles of Chitwan National Park

Itinerary

DAYS	HIGHLIGHTS
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DAY 01	ARRIVAL IN KATHMANDU
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Altitude: 1,350 m/ 2,821 feet. Overnight: Tourist standard Hotel at Kathmandu.

Meals Included: Welcome Group Dinner.

On first arrival in Kathmandu at Nepal International Airport received by our staff and guide, with warm Nepali traditional welcome. After, getting organized and then a short transfer to your hotel in the heart of Kathmandu city.

At the hotel check into your lovely rooms with refreshing rest after a jet-leg. Then join in with other members of the group, for briefing at meeting halls or garden.

Our guide and leader will provide you with useful information regarding the tour, standard of local lodge, foods and so on. If in doubt, can ask questions to make yourself at ease, after briefing enjoy the dinner in a typical Nepalese Restaurant.

DAY 02**SIGHTSEEING IN KATHMANDU DURBAR SQUARE,
SWAYAMBHUNATH STUPA**

Altitude: 1,350 m/ 4,428 ft. (Kathmandu) Meals: Breakfast only.
Overnight: Hotel in Kathmandu.

Morning after a hearty breakfast, as per the time informed by our guide and staff our tour guide will meet. A short drive and walk in the heart of Kathmandu city, where the famous old Durbar Square located. An ancient palace and courtyard of earlier kings from Malla to former Shah Period. Interesting areas adorned with temples and old palace, as well with resident of famous Living Goddess the Kumari. Includes a temple of Kasthamandap, where Kathmandu name derived from, meaning a temple built from the wood of a single tree.

The temples and monuments of Durbar Square, listed in UNESCO World Heritage Sites. After an interesting tour, a short drive leads west of the city to another famous landmark of Nepal. The Swayambhunath Stupa of Buddhist monuments, located on a hillock, one can enjoy views of Kathmandu city and the valley.

The Stupa one of the oldest in Nepal and probably in the world of more than 2,600 years of history. After an impressive morning tour back to hotel, rest of the day preparation for the wonderful Nepal Mid-West Himalayan Tea Garden Tour.

DAY 03

DRIVE TO RAFTING 'PUT IN POINT' CHAURADHI ROADSIDE VILLAGE. AFTER RAFTING 3 HOURS DRIVE TO BANDIPUR

Distance: 70 k.m. to Chauradhi. Approx. 03 hour drive and Rafting for 2 hour.

Altitude: 1,030 m. At Bandipur. Distance 143 k.m. west of Kathmandu and 80 k.m. from Pokhara. Approx. 3 hour drive to Bandipur.

Meals: Breakfast in Kathmandu, Lunch on Rafting Dinner at Bandipur.

Depart for wonderful Rafting adventure taking a private car, comfortable tourist standard bus, or coach. As per the size of a group, a long drive takes you beyond Kathmandu valley towards Trisuli River. Reaching a road-side village of Chauradhi, meet our river rafting guide and then walk to the Trisuli River bank.

Our Rafting guide will brief on safety measures and some paddling technique going through rapids and bouncy waves. Lunch as time permitting or downstream enjoying a picnic on the sandy beach of Trisuli River.

Getting into the boat, after getting equipped with helmet, life jacket and valuable stuff are stored in a water proof barrel. As rafting starts paddling through exciting rapids and bouncy waves reaching at the end of finishing point.

Near a village of Kurintar, after getting in fresh clothes, drive of few hours on Pokhara highway to Dumre town. As drive heads uphill to Bandipur traditional hill town, and staying in nice lodge or Home Stay cottage.

Bandipur located on a hill top facing grand views of Lamjung, Manaslu and Annapurna Himalayas.

DAY 04**DRIVE TO GHALE GAON VILLAGE**

Altitude: 2,100 m/ 6,890 feet. Approx. 05 hour drive.

Overnight: Home Stay huts / cottage.

Meals Included: Breakfast-Lunch on route and Dinner in Ghale-Gaon.

Morning enjoy the breakfast along with grand views of Annapurna, Lamjung and Manaslu Himalayas. Depart from Bandipur downhill to Dumre town, and then the road diverts from the main highway. Heading towards Besisar, headquarter town of Lamjung district, as drive climbs on a hilly rough road. Then reaching at Ghale-Gaon, on arrival received with traditional welcome of garland and Khada / silk scarf. Then transfer into a nice cottage made as Home Stay run and managed by village community. Evening enjoy the dinner along with local folk program of singing and dancing.

DAY 05**AT GHALE-GAON VILLAGE**

Altitude: 2,100 m/ 6,890 feet. Activities. Visit tea garden and collect information.

Overnight: Home Stay huts / cottage.

Meals Included: Breakfast-Lunch and Dinner in Ghale-Gaon.

Morning having good breakfast facing close views of Lamjung Himal with Manaslu and Annapurna range of peaks.

Enjoy a short hike to a view-point hill for stunning panorama of Annapurna, Lamjung and Manaslu Himalayan peaks with majestic Machhapuchare Himal, the famous Fish-Tail peak. As well tour of local Tea Garden, where the village chief will update regarding the tea garden. How it is planted and harvested seasonal wise, and way of processing tea. From raw leafs to dry ready to use home-made garden organic fresh tea, with full information.

Lunch is served of mixed cuisine of continental, Indian and Tibetan with Nepalese flavour, after lunch explore the villages and interact with the local people, or engage in farm activities.

Evening program with traditional folk programs of dance and songs, and then enjoy your last dinner in Ghale-Gaon.

DAY 06

DRIVE TO POKHARA

Altitude: 860 m/ 4,428 feet. Approx. 04 hours.

Overnight: at tourist standard Hotel in Pokhara near Phewa Lake side.

Meals Included: Breakfast next morning.

Morning a traditional farewell from the village community, where drive leads down back to Besisar town. Then driving on good road joining the main highway at Dumre, as journey leads past Damauli town to Pokhara. On reaching Pokhara transfer to your hotel close to serene Phewa Lake, with time for short stroll around the lake side.

DAY 07

AT POKHARA

Altitude: 860 m/ 4,428 feet.

Overnight. Tourist standard Hotel in Pokhara near Phewa Lake side.

Activities: Tour of Sarankot and natural wonders of Pokhara.

Meals Included: Breakfast only.

Depart from the hotel, early morning for sunrise views from Sarankot Hill, located 1,460 m high above Pokhara valley. From the view-point enjoy stunning sunrise views over snow-capped mountain range with world's 7th highest Mt. Dhaulagiri 8,167 m. Includes 10th highest Mt. Annapurna 8,091 m and 8th high Mt. Manaslu 8,163 m, extends to range of smaller peaks. Facing Mt. Machhapuchare "Fish Tail" towers high at 6,993 meters.

Sarankot a popular spot for paragliding one of the leading adventure sports in Pokhara. After a great enjoyable experience return back to hotel for breakfast, our next tour short drive to Devi's Water Fall. Includes Gupteshwor Mahadev cave with time for lunch break, tour continues visiting International Mountain Museum. The foundation stone of IMM was laid on 1 Dec, 1995. The soft opening of IMM took place on 29 May, 2002 where it was officially opened on 5 Feb, 2004.

After an interesting and exciting moment head back to hotel with time browse the local market around main areas of Pokhara

DAY 08**DRIVE TO CHITWAN**

Altitude: 415 m/ 1,361 feet. Approx. 05 hour drives.

Overnight: at tourist standard Hotel in Chitwan near National Park.

Meals Included: Breakfast next morning, Lunch and Dinner.

An exciting morning drive from Pokhara, where landscapes, climate and vegetation dramatically. Journey leads down mid-south around the country's flat land of Terai belt at Chitwan, where temperatures are of sub-tropical climate.

An interesting overland ride for five hour, and then reaching Chitwan, drive leads close to Chitwan National Park entrance.

On arrival received by jungle guide and naturalist, briefs you with information regarding your program of jungle activities, and then check into your rooms after lunch a short nature walks or visit local Tharu village, the indigenous tribes of low-land and Terai areas of Nepal.

DAY 09**AT CHITWAN**

Altitude: 415 m/ 1,361 feet. Activities. Jungle programs, elephant safari.

Overnight: at tourist standard Hotel in Chitwan near National Park.

Meals Included: Breakfast, Lunch and Dinner

Jungle and nature activities begins early morning, after a refreshment and then join the jungle programs either elephant safari or nature walks as well bird watching of an hour or more. After a fresh morning program back to hotel / lodge for breakfast, after a short refreshing rest, guide will take you for elephant briefing on elephant stable, as well enjoy watching elephant bathing.

Back to lodge / hotel for delightful lunch, afternoon rest and then late afternoon either elephant safari or jungle drive and walks. Evening back at hotel and enjoy the local Tharu cultural program before a lavish dinner.

DAY 10**DRIVE TO BHARATPUR AIRPORT FOR FLIGHT TO
KATHMANDU**

Altitude: 1,350 m/ 4,428 ft. (Kathmandu) Meals: Breakfast only.

Activities: Tour of Bhaktapur and drive to Nagarkot at 2,100 m / 6,890 feet.

Overnight: Hotel in Nagarkot.

Meals Included: Breakfast only. Lunch and Dinner personal expenses.

Early morning options for elephant ride, nature walks or bird-watching on completing the morning activities having breakfast then get ready for departure from the hotel in Chitwan. A short drive to Bharatpur city airport, for less than half hour flight to Kathmandu. On arrival at Kathmandu domestic airport a short drive to Bhaktapur city. An interesting old city like a living museum take you back to medieval era enriched with ancient monuments. Includes various lively place of great cultural interest observing the local custom of Bhaktapur city.

After an exciting tour drive leads to a winding uphill to a cooler hill atop Nagarkot town. A famous holiday hill station for local and foreign travellers, rewards grand views of Central and eastern Himalayan range. On arrival transfer into a nice hotel or resorts facing views of mountains and beautiful landscape scenery.

DAY 11 DRIVE KATHMANDU

Altitude: 1,350 m/ 4,428 ft. (Kathmandu)

Activities: Singing Bowl Therapy. Overnight: Hotel in Kathmandu.

Meals Included: Breakfast only. Lunch and Dinner personal expenses.

Early morning enjoy the glorious sunrise views over array of Himalayan white peaks that extends to Everest range. Towards far eastern horizon, having breakfast with snow-capped peaks views. Depart from the hotel in Nagarkot for Kathmandu, a drive of few hours reaching your hotel by mid-day.

Rest of the afternoon at leisure for individual activities and shopping souvenirs.

DAY 12 IN KATHMANDU

Altitude: 1,350 m/ 4,428 ft. (Kathmandu)

Activities: Free day at leisure options for morning mountain flight.

Overnight: Hotel in Kathmandu.

Meals Included: Breakfast only. Lunch and Dinner personal expenses.

A free day in Kathmandu after a great tour around hills and low lands of Nepal. Enjoy the day relaxing with individual activities or join in for another exciting tour.

For interested people can book for Everest Mountain Flight, operates early morning in good seasons of the year. Where all passengers gets the window seats to enjoy the Himalayan panorama facing Mt. Everest. An hour flight to enchantment.

DAY 13 FINAL INTERNATIONAL FLIGHT DEPARTURE FOR HOMEWARD BOUND

Meal Included: Breakfast Only.

Last day in Kathmandu and Nepal, after a great memorable time on Nepal Mid-West Himalayan Tea Garden Tour. Our staff transfer you to the international airport terminal, and then bidding farewell to the guide and staff. As you head for the smooth flight homeward bound.

Best Seasons

Best Seasons:

The best seasons for Nepal Himalayan Tea Garden Tour are spring and autumn, spring begins from March to May. Autumn starts from September to November, and the spring season with longer days due to much sunlight hours.

Days are mostly bright with sunshine for clear views and pleasant walking can get cloudy in the late afternoon. Chances of light rains and snowfall around higher elevations sometimes, and the temperature drops in the early morning and night times.

During springtime, the hills are bright with wildflowers in bloom especially the rhododendron, the national flower of Nepal.

The next best season is autumn from September to November, days are much clear for views and walks. But days are much short due to sunlight hours, pleasant and peak times for trekking around the Himalayas.

Much colder morning and late afternoon till night time, chances of snowfall on higher elevation sometimes.

Culture, Religion & History:

The lower areas of Annapurna Himalayas are much warmer with sub-tropical temperatures, where most farm villages are located. The lower mid-hills of mixed tribes of hill people. Gurung, Magar, Hindu Bharamins, Chettries, and Newars.

The culture and religions are mixed with Hinduism and Buddhism around low land to mid-hills till Ghale Gaon village.

The areas around on this tour visit the Ghale / Gurung villages. The Ghale of Gurung ethnic hill tribes interwoven with Buddhism and the ancient cult of Bon, a pre-Buddhism religion.

At Ghale Gaon where you can witness traditional customs that still retains with many interesting rituals taking part in folk dances known as Jyaure, Serka, Dohori, Ghatu, Sorathi, Jankri are performed for the guests accompanied by different musical instruments with dancers in traditional dress.

Where all visitors are warmly welcomed with traditional custom with garlands, traditional dance called Ghatu, while having time around lovely villages where you can observe woolen handicraft products clothes, bags made from nettle fibre (Allo Cloth), and scarf.

Payment

You may pay your deposit and balance using any lawful means. If sending money by electronic bank transfer then you will be responsible for covering the cost of the fees associated with the transfer, so that the company receives the full amount shown on your invoice, in the denomination shown on your invoice.

Cancellation

In case you cancel your trip, please provide us a written notice 14 days prior (30 days prior in case of Bhutan and Tibet) to your departure date. Failure to do so will result in termination of the trip.

According to our policy, 25% of the deposit amount is non-refundable. So instead we recommend you to postpone your trip. However doing so will deduct 100USD from your advance deposit. The remaining amount after deduction will be transferred to your Lifetime Deposit account for the next trip.

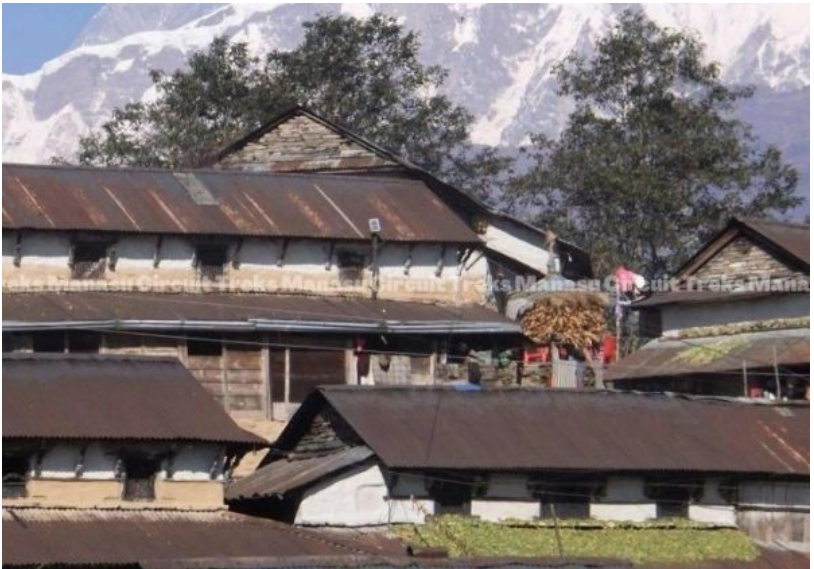
Refund policy

For now, we do not offer any refund services as the company provides Lifetime Deposit feature. The amount you transfer to us will never go in vain. The system allows you to utilize your deposit even after the cancellation of the trip. Later, either you or your family members/friends can use this scheme for the same trip or any other. For more information regarding to Lifetime Deposit, please contact through our official e-mail address.

Travel Insurance

A comprehensive travel insurance is mandatory before you start your trip with us. Make sure the insurance policy covers all the expenses such as medical, personal accidents, emergency evacuations, loss of gears, natural calamities, theft or damage to baggage and personal losses. We highly encourage that you check specifics while speaking to your insurance company before flying to Nepal.

Photos



Bookings

For all trekking enquiries and bookings

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