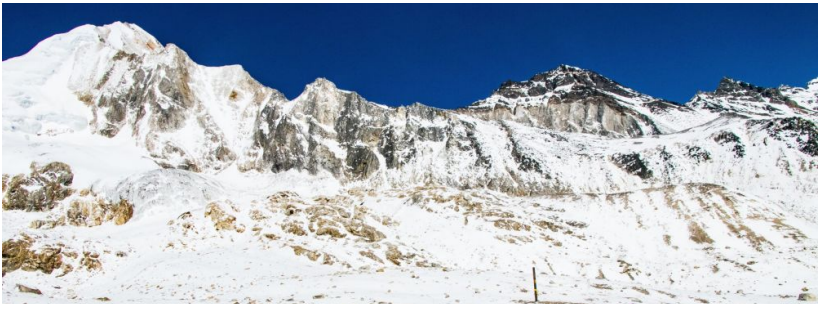
TREKKING & HIKING

Manaslu Larke Pass Trek

‘Cross Larke Pass (Larkya La, 5,106 m) on a 15-day guided Manaslu trek. Rest day at Sama Gaun, trek meals, permits and Kathmandu hotels included.’



Trip Info

TOTAL DURATION
15 DAYS, 14 NIGHTS (ARRIVAL TO DEPARTURE)

TREKKING DURATION
10 DAYS ON THE TRAIL (9 WALKING DAYS AND 1 ACCLIMATIZATION DAY), PLUS 2 DRIVING DAYS

HIGHEST POINT
LARKE PASS (LARKYA LA) AT 5,106 M / 16,752 FEET

ACTIVITY REGION	PERMITS REQUIRED	BEST SEASON
GORKHA AND MANANG DISTRICTS, GANDAKI PROVINCE, WEST-CENTRAL NEPAL	RAP, MCAP, ACAP	SEPTEMBER TO NOVEMBER AND MARCH TO MAY
MEALS	**TRANSPORTATION**	**DURATION**
BREAKFAST, LUNCH AND DINNER ON THE TREK, WITH TEA OR COFFEE. WELCOME DINNER IN KATHMANDU.	JEEP OR BUS FROM KATHMANDU TO MACHHA KHOLA AND FROM DHARAPANI BACK TO KATHMANDU. PRIVATE VEHICLE FOR AIRPORT TRANSFERS AND KATHMANDU SIGHTSEEING.	15 DAYS, 14 NIGHTS
GRADE	**FROM**	
HARD	USD 1,430	

Trip Highlights

- Cross Larke Pass (Larkya La, 5,106 m) with views of Himlung, Cheo Himal and Annapurna II
- Circle Mt. Manaslu (8,163 m), the world's eighth-highest mountain, on a 15-day plan
- Take a full acclimatization day at Sama Gaun, with a hike toward Birendra Tal or Pungyen Gompa

- Follow the Budhi Gandaki gorge past the Tatopani hot spring and over suspension bridges
- Stay in Tibetan Buddhist villages such as Namrung, Lho, Sama Gaun and Samdo
- Kathmandu hotels, a guided sightseeing day, permits and trek meals all arranged for you

Overview

The Manaslu Larke Pass Trek is a 15-day walk around Mt. Manaslu (8,163 m), the world's eighth-highest mountain, with one big goal: crossing Larke Pass, also known as Larkya La, at 5,106 m. It is the full circuit at a steady pace, with Kathmandu hotel nights, a guided sightseeing day and three meals a day on the trek included.

You drive to Machha Khola and follow the Budhi Gandaki River up through Jagat, Pewa, Namrung and Lho to Sama Gaun, where you take a full rest day. Then you climb to Samdo and Dharmasala, cross the pass at dawn and walk down to Bhimthang and Dharapani.

Manaslu is a restricted area, so every trekker needs a licensed guide and special permits. Since 22 March 2026 solo trekkers can get the permit too. We arrange all of it. See our Manaslu permit guide for the details.

Short on time? The Manaslu Short Trek does the same pass in 11 days. Want extra comfort or the Tsum side valley? Look at the Manaslu Luxury Trek or the Tsum Valley Manaslu Circuit Trek. Prefer the classic 14-day route? Our Manaslu Circuit Trek package covers the same loop.

This Manaslu Larke Pass Trek takes you over the highest point of the Manaslu Circuit with time to adjust on the way. We handle permits, a licensed guide, Kathmandu hotels, teahouses, trek meals and transport. You bring the fitness.

What Is the Manaslu Larke Pass Trek?

The Manaslu Larke Pass Trek is a 15-day guided teahouse trek around Mt. Manaslu in Nepal. You spend 10 days on the trail and cross Larke Pass, also called Larkya La (5,106 m). It is moderate to challenging. Go in spring or autumn. It suits fit hikers who want a steady pace with Kathmandu hotels included.

Larke Pass and Larkya La are the same pass. Locals and maps use both names, and you will also see Larke La. Whatever the spelling, it is the 5,106 m high point of the Manaslu Circuit.

Why Choose the Manaslu Larke Pass Trek

- **A steady pace to the pass.** You sleep at Lho before Sama Gaun, so the climb above 3,000 m comes in small steps.
- **A full rest day at Sama Gaun.** Day 9 is for acclimatization, with an optional hike toward Birendra Tal, Pungyen Gompa or Manaslu Base Camp.
- **Kathmandu is covered.** Three hotel nights, airport transfers, a welcome dinner and a guided sightseeing day are part of the trip.
- **Meals on the trail are included.** Breakfast, lunch and dinner on the trek, with tea or coffee at each meal.

- **Solo friendly.** Since the 2026 permit change you no longer need a second trekker to go.
- **Tibetan Buddhist villages.** From Namrung on you walk past monasteries, chortens and mani walls in the Nubri valley.

Manaslu Larke Pass Trek vs Manaslu Circuit Trek

Both trips walk the same high route over Larkya La. The difference is the extra day in Kathmandu.

	Manaslu Larke Pass Trek	Manaslu Circuit Trek
Total days	15	14
Guided Kathmandu sightseeing day	Yes	No
Night at Lho	Yes	Yes
Acclimatization day at Sama Gaun	Yes	Yes
Larkya La Pass (5,106 m)	Yes	Yes

Prefer to skip the sightseeing day? Book the Manaslu Circuit Trek. Want the pass plus a summit? See the Manaslu Circuit and Larke Peak Climb.

Manaslu Larke Pass Trek Itinerary: 15 Days at a Glance

Day	Route	Overnight altitude	Time
1	Arrive in Kathmandu, transfer to your hotel, welcome dinner	1,340 m	Arrival day
2	Guided Kathmandu sightseeing (Kathmandu Durbar Square, Swayambhunath) and trek briefing	1,340 m	Half to full day
3	Drive Kathmandu to Machha Khola by jeep or bus	930 m	About 9 hours
4	Machha Khola to Jagat	1,345 m	About 6 hours
5	Jagat to Pewa via Deng (restricted area starts)	1,625 m	About 6 hours
6	Pewa to Namrung via Bhi Bazaar	2,630 m	About 6 hours
7	Namrung to Lho	3,185 m	About 4 hours
8	Lho to Sama Gaun	3,520 m	About 5 hours
9	Acclimatization day at Sama Gaun (optional hike)	3,520 m	Rest or hike

Day	Route	Overnight altitude	Time
10	Sama Gaun to Samdo	3,875 m	About 5 hours
11	Samdo to Dharmasala (Larke Phedi)	4,460 m	Short day
12	Cross Larkya La (5,106 m) to Bhimthang	3,590 m	8 to 9 hours
13	Bhimthang to Dharapani via Gho and Tilje	1,963 m	About 7 hours
14	Drive Dharapani to Kathmandu via Besisahar	1,340 m	About 8 hours
15	Transfer to the airport for your flight home	Departure	Departure day

Altitude and Acclimatization on the Manaslu Larke Pass Trek

You sleep above 3,000 m for six nights: Lho, Sama Gaun (two nights), Samdo, Dharmasala and Bhimthang. Above Lho, no single day raises your sleeping height by more than about 600 m. Day 9 is a full rest day at Sama Gaun. Hike high toward Birendra Tal, Pungyen Gompa or Manaslu Base Camp, then sleep low again.

Watch for these signs of Acute Mountain Sickness (AMS): headache, nausea, dizziness and loss of appetite. Mild symptoms often ease with rest

and water. Worsening symptoms mean going down. Your guide checks on you each morning and evening and changes the plan if needed.

Dharmasala (4,460 m) is the highest place you sleep. Its lodges are basic and cold, so most people sleep lightly there. An early night and plenty of water help more than anything else before the pass.

How Difficult Is the Manaslu Larke Pass Trek?

It is moderate to challenging. You need no climbing skills, but you do need good fitness for long days at altitude.

- **Hardest day:** Day 12, from Dharmasala over Larkya La to Bhimthang. You start before dawn, climb to 5,106 m and then descend a long, steep trail. Plan on 8 to 9 hours.
- **Other long days:** Day 13 to Dharapani is about 7 hours, mostly downhill. Days 4 to 6 are about 6 hours each.
- **Long drives:** Day 3 and Day 14 are 8 to 9 hours on rough mountain roads.
- **Best preparation:** 8 to 12 weeks of long hikes with a daypack on back-to-back days, stair climbing and leg strength work. Break in your boots before you fly.
- **Talk to your doctor first** if you have a heart, lung or blood pressure condition, or any condition that high altitude can make worse.

Itinerary

DAY 01 ARRIVAL IN KATHMANDU

Overnight: Kathmandu · 1,340 m / 4,396 ft

You will arrive in Kathmandu, be greeted by a guide, and stay at a hotel in the city. There will be a welcome dinner and a briefing about the upcoming trek.

DAY 02 TREK PREPARATION AND SIGHTSEEING TOUR OF KATHMANDU VALLEY

Overnight: Kathmandu · 1,340 m / 4,396 ft

After breakfast, you'll visit Durbar Square, a UNESCO World Heritage Site known for its ancient palaces and temples. Afterward, you'll explore Swayambhunath Stupa, one of the oldest Buddhist monuments in Nepal, offering panoramic views of Kathmandu. The day concludes with a return to the hotel to prepare for the Manaslu Larke Pass Trek.

DAY 03 DRIVE FROM KATHMANDU TO MACHHA KHOLA

Overnight: Machha Khola · 930 m / 3,051 ft · 9 hours drive

The journey begins with an early morning drive from Kathmandu to Machha Khola, a village in the Gorkha District. This long journey will take approximately 9 hours. You will spend the night in a lodge or guesthouse in Machha Khola, which is a starting point for the Larke Pass Trek.

DAY 04 TREK TO JAGAT

Overnight: Jagat · 1,345 m / 4,413 ft · 6 hours walk

Today's trek takes you from Machha Khola to Jagat, covering approximately 6 hours. You'll leave behind the low, subtropical farmland and ascend to cooler

hills. Highlights include a natural hot spring at Tatopani and the opportunity to explore the Hindu and Buddhist cultures in Jagat. You'll spend the night in a lodge or guesthouse.

DAY 05 TREK TO PEWA

Overnight: Pewa · 1,625 m / 5,331 ft · 6 hours walk

Today's trek takes you from Jagat to Pewa, covering approximately 6 hours. You'll enter the restricted Upper Manaslu area, requiring a special permit. The route takes you through farmlands, crosses a bridge, and passes through the village of Deng. You'll experience a stronger Buddhist influence as you ascend towards Pewa, where you'll spend the night.

DAY 06 TREK TO NAMRUNG

Overnight: Namrung · 2,630 m / 8,629 ft · 6 hours walk

Today's trek takes you from Pewa to Namrung, covering approximately 6 hours. You'll hike through a forested ridge before descending to Bhi Bazaar. The trail continues through farmlands to Namrung, where you'll have stunning views of Mount Manaslu North Face and other peaks.

DAY 07 NAMRUNG TO LHO

Overnight: Lho · 3,185 m / 10,449 ft · 4 hours walk

Today you'll trek from Namrung to Lho Gaon, a journey of about 4 hours. You'll ascend gradually through a forest of pine and rhododendron trees, offering stunning views of the Buri Gandaki River and surrounding landscapes. Lho Gaon is a picturesque village with a backdrop of Mount Manaslu.

DAY 08 LHO TO SAMA GAUN

Overnight: Sama Gaun · 3,520 m / 11,549 ft · 5 hours walk

Today's trek takes you from Lho Gaon to Sama Gaon, an approximately 5-hour journey. You'll ascend gradually through farm villages and yak herder camps, surrounded by stunning mountain scenery. Sama Gaon is a significant village in the Manaslu region, offering opportunities to explore the local Buddhist culture.

DAY 09 ACCLIMATIZATION DAY AT SAMA GAUN

Overnight: Sama Gaun · 3,520 m / 11,549 ft






Today is a rest day for acclimatization in Sama Gaon. You have several options:

Manaslu Base Camp: A full-day hike for experienced trekkers, offering stunning views of Mount Manaslu.

Birendra Tal: A shorter hike to a glacial lake with impressive mountain vistas.

Pungyen Gompa: A leisurely exploration of the village and its ancient monastery.

DAY 10 SAMA GAUN TO SAMDO

Overnight: Samdo · 3,875 m / 12,713 ft · 5 hours walk

Today's trek takes you from Sama Gaon to Samdo, an approximately 5-hour journey. You'll leave the tree line behind and ascend through a rugged, high-altitude landscape. Samdo is the last village before crossing the Larkya La Pass and offers a glimpse into Tibetan culture.

DAY 11 TREK TO DHARMASALA

Overnight: Dharmasala · 4,460 m / 14,633 ft



Today's trek takes you to Dharmasala (also known as Larke Phedi), the base camp for the Larke La Pass. It's a relatively short hike, but the altitude is increasing. Dharmasala is a bustling place during peak trekking season, once a thriving trading center. The remainder of the day will be spent resting and preparing for the challenging ascent of the Larke La Pass tomorrow.

DAY 12 TREK TO BHIMTHANG VIA LARKYA LA PASS

Overnight: Bhimthang · 3,590 m / 11,778 ft · High point 5,106 m · 8 to 9 hours walk





Today is the most challenging day of the trek. You'll embark on an early morning ascent of the Larke La Pass (5,106 m), the highest point of the trek. The reward for this demanding climb is a breathtaking panoramic view of the Manaslu and

Annapurna Himalayan ranges. After descending the pass, you'll reach Bhimthang (3,590 m) for the night. Plan on 8 to 9 hours of walking.

DAY 13 BHIMTHANG TO DHARAPANI

Overnight: Dharapani · 1,963 m / 6,440 ft · 7 hours walk

Today's trek involves a 7-hour downhill walk from Bhimthang to Dharapani. The trail passes through forested areas and offers opportunities to relax in villages like Gho and Tilje. Dharapani is a popular trekking destination with a variety of accommodations and dining options.

DAY 14 DRIVE TO KATHMANDU VIA BESISAHAR

Overnight: Kathmandu · 1,340 m / 4,396 ft · 8 hours drive

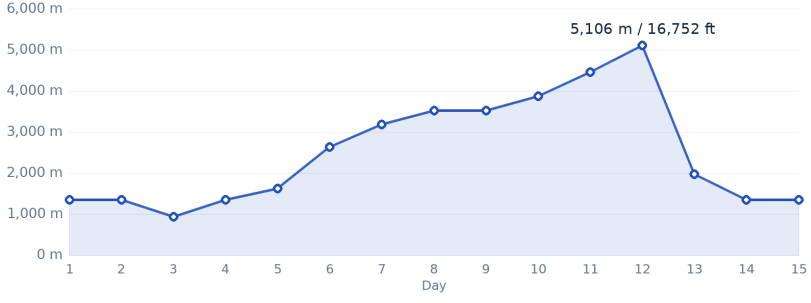
The final day involves an approximately 8-hour drive back to Kathmandu. You'll travel through the Lamjung district and along the Pokhara-Kathmandu highway. The journey will take you through diverse landscapes, from low farmlands to the Kathmandu valley.

DAY 15 DEPARTURE

Overnight: Kathmandu · 1,340 m / 4,396 ft

Your adventure concludes with breakfast in Kathmandu. You'll be transferred to the airport by your guide and staff for your departure flight home.

Altitude Profile of Manaslu Larke Pass Trek



Weather on Manaslu Larke Pass Trek

°C	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Machha Khola (930 m) high	17°	19°	23°	26°	27°	28°	27°	27°	27°	25°	22°	18°
Machha Khola night low	6°	8°	11°	14°	18°	22°	23°	23°	21°	17°	12°	8°
Samagaon (3,520 m) high	-1°	1°	3°	6°	8°	13°	15°	15°	13°	8°	5°	3°
Samagaon night low	-10°	-9°	-5°	-1°	3°	7°	10°	10°	8°	2°	-3°	-8°

Average day highs and night lows (approx.), 2015 to 2024. Source: Open-Meteo, adjusted to each village's altitude.

Service INCLUDED

- Airport pick-up and drop-off in a private vehicle
- Three nights in a 3-star hotel in Kathmandu, twin sharing

- Eleven nights in the best available teahouses on the trek, twin sharing
- Guided Kathmandu sightseeing tour in a private vehicle
- Jeep or bus from Kathmandu to Machha Khola
- Jeep or bus from Dharapani back to Kathmandu
- Breakfast, lunch and dinner on the trek, with tea or coffee at each meal
- Welcome dinner at a traditional Nepali restaurant
- Manaslu Restricted Area Permit (RAP)
- Manaslu Conservation Area Permit (MCAP)
- Annapurna Conservation Area Permit (ACAP)
- Licensed, experienced English-speaking trekking guide
- Guide's food, accommodation, salary, equipment and insurance
- Seasonal sleeping bag (returned after the trek)
- Company duffel bag, T-shirt and water bottle
- Basic first-aid kit
- All government taxes and service charges

Service NOT INCLUDED

- All drinks, including soft drinks, alcohol and bottled water
- Lunch and dinner in Kathmandu
- Porter (available on request at extra cost)
- Travel insurance with helicopter evacuation cover
- Tips for your guide, porter and staff
- Personal trekking gear

- Optional side trips or itinerary extensions
- International flights
- Nepal visa fee
- Extra costs from weather delays, road blocks, strikes or natural events

Safety & Guide Information

Guides: Your guide is licensed and government registered, trained in altitude awareness and basic medical response, and knows the trail, the lodges and the villages. English-speaking guides are standard. A basic first-aid kit comes on every trek.

Emergencies: If someone has serious AMS, an injury or an illness, we organize a descent to a safe altitude. If needed, we arrange a helicopter evacuation to Kathmandu. Evacuation costs are your responsibility, so travel insurance with high-altitude and helicopter evacuation cover is essential. Make sure it covers you up to at least 5,200 m.

Porters: A porter is not included. You can carry your own bag or add a porter at any time before the trek.

Communication: Mobile coverage exists along much of the route but is unreliable in deep valleys and bad weather.

Seasons to avoid: Heavy monsoon rain from June to August brings landslides and road closures in the lower Budhi Gandaki valley. Snow can close Larkya La from late November, so we advise against crossing it after mid-November.

Best Time to Trek

Season	Months	What to expect	Verdict
Autumn	September to November	Clear skies, cold mornings, short days	Best overall
Spring	March to May	Rhododendrons in bloom, longer days, afternoon cloud, cheaper permit rate	Very good
Winter	December to February	Very cold, few trekkers, many lodges closed, pass can close	Experienced trekkers only
Monsoon	June to August	Heavy rain, landslide risk, roads can close	Not recommended

Pass day starts around 3 or 4 am. In autumn that means a cold, starlit climb and clear views from the top by mid-morning. Wind usually picks up after noon, so the early start matters in every season.

- **Autumn:** sunny days are normal, but it gets dark early. Mornings and evenings are cold, and light snow is possible above 3,000 m. Lodges near Dharmasala fill up, so book early.
- **Spring:** longer days help on the pass. Expect cold mornings, afternoon cloud and wind, and some rain lower down by late May.
- **Winter:** most high lodges close and heavy snow can shut Larkya La.
- **Monsoon:** jeeps and buses to Machha Khola and from Dharapani may be cancelled when roads wash out.

Read more: Best Time for Manaslu Trek: A Season-by-Season Guide

Required Permits for the Manaslu Larke Pass Trek

Manaslu is a restricted area. You cannot walk it without permits and a licensed guide. The restricted area permit, MCAP and ACAP are included in this trip and we apply for them, so you only send your passport copy, visa details, passport-size photos and insurance information.

Permit	Where it applies	Fee for foreign trekkers
Manaslu Restricted Area Permit (RAP)	From Jagat, where permits are checked, through the upper valley	September to November: USD 100 for the first 7 days, then USD 15 per extra day. December to August: USD 75 for the first 7 days, then USD 10 per extra day.
Manaslu Conservation Area Permit (MCAP)	The protected Manaslu area	NPR 3,000
Annapurna Conservation Area Permit (ACAP)	The final section after the pass, because the trek ends at Dharapani	NPR 3,000

Permit	Where it applies	Fee for foreign trekkers
Chumnubri Rural Municipality fee	The Chumnubri section of the trail	NPR 1,000

Rules to know:

- A licensed guide is required for every trekker.
- Only a registered trekking agency can apply for the restricted area permit. You cannot apply yourself.
- Solo travellers can now apply alone. The old two-trekker rule was removed on 22 March 2026. The guide and agency rules did not change.
- Fees are set by the government and can change. We confirm the current figures before you travel.

Last checked: October 2026. Read our full Manaslu trekking permit guide.

Manaslu Larke Pass Trek Packing List

Head and hands	Sun hat, warm fleece hat or beanie, UV sunglasses, liner gloves and warm waterproof gloves
Upper body	Quick-dry T-shirts, thermal base layer, fleece jacket, waterproof shell jacket, down jacket
Lower body	Trekking pants, thermal base layer pants, waterproof shell pants

Feet	Broken-in waterproof boots, liner and wool socks, camp shoes or sandals, microspikes for icy sections
Gear	Seasonal sleeping bag (included, returned after the trek), headlamp, trekking poles, daypack (30 to 40 L if you carry your own bag), water bottles plus a filter or purification tablets, power bank
Documents and money	Passport with visa, insurance with helicopter evacuation cover, passport-size photos for permits, enough Nepali rupees for the whole trek

You get a company duffel bag for the trek. Pack it for the porter or your own back, and leave city clothes at your Kathmandu hotel, which stores spare luggage while you walk.
For a full list, see what to carry for the Manaslu Circuit Trek.

Accommodation & Food

Kathmandu: Three nights in a 3-star hotel, twin sharing, are included: on arrival, after the sightseeing day and after the trek.

Lodges (teahouses): On the trek you stay in the best available teahouses, twin sharing. Rooms are simple, with blankets and a warm dining room. Most bathrooms are shared.

Meals: Breakfast, lunch and dinner on the trek are included, with tea or coffee at each meal. You pay for extra drinks, bottled water and snacks.

Menus: Small villages serve mostly dal bhat, noodles, soup, eggs, potatoes and Tibetan bread. Bigger stops such as Jagat, Namrung, Sama Gaun and Dharapani add more choice.

Drinking water: Bottled water gets expensive higher up. Bring a filter or purification tablets and refill from taps or boiled water.

Showers and charging: Hot showers and charging are available in many lodges for an extra fee. Wi-Fi is patchy in the high valleys.

Above Samdo: Lodges around Dharmasala (Larke Phedi) are basic and fill up in peak season. Bring a sleeping bag liner in every season.

There are very few ATMs on the trail. Carry enough Nepali rupees from Kathmandu for drinks, showers, charging, snacks and tips.

Why Trek Manaslu Larke Pass With Us

Larke Pass Done Right

We plan an early start from Dharamsala so you cross Larke La (5,106 m) before the afternoon wind picks up.

Licensed Local Guides

Your guide knows the Manaslu trail, its villages and its weather from many seasons on the route.

Permits Handled for You

We arrange the Manaslu restricted area permit, MCAP and ACAP before you land in Kathmandu.

Built-In Acclimatization

The 15-day plan keeps a rest day at Sama Gaun so your body is ready for the pass.

Real Village Stays

Sleep in family-run teahouses in Tibetan Buddhist villages like Lho, Sama Gaun and Samdo.

24/7 Support

Our team stays on call for your whole trek, including emergency evacuation coordination.

FAQs

How long is the Manaslu Larke Pass Trek?

It takes 15 days from arrival in Kathmandu to departure. You spend 10 days on the trail, including 1 acclimatization day at Sama Gaun, plus 2 driving days and 3 days in Kathmandu.

How high is Larke Pass?

Larke Pass, also called Larkya La, is 5,106 m (16,752 ft) high. It is the highest point of the trek. The highest place you sleep is Dharmasala, also called Larke Phedi, at 4,460 m.

Is Larke Pass the same as Larkya La?

Yes. Larke Pass, Larke La and Larkya La are different spellings of the same pass on the Manaslu Circuit.

How difficult is the Manaslu Larke Pass Trek?

It is moderate to challenging. There is no technical climbing, but most days are 4 to 7 hours of walking and pass day takes 8 to 9 hours. You should be able to hike 6 hours on back-to-back days.

Do I need previous trekking experience?

No, but it helps. Good fitness matters more. If you have never hiked at altitude, train for 8 to 12 weeks and follow your guide's pace on the trail.

What is pass day like?

You leave Dharmasala around 3 or 4 am with headlamps on. The climb to the top takes several hours on rocky, sometimes icy trail. After photos you descend a long, steep path to Bhimthang. Expect 8 to 9 hours in total.

What happens if snow closes the pass?

Your guide decides on the day, based on weather and trail conditions. You may wait a day at Dharmasala or Samdo, or turn back if the pass stays closed. Safety comes first, and travel insurance should cover delays.

Can I do the Manaslu Larke Pass Trek solo?

Yes. Since 22 March 2026 you can apply for the restricted area permit as one person. You still need a registered agency and a licensed guide.

What permits do I need?

You need a Manaslu Restricted Area Permit, a Manaslu Conservation Area Permit and an Annapurna Conservation Area Permit. A small Chumnubri Rural Municipality fee may also apply. We handle the paperwork for you.

Are meals and Kathmandu hotels included?

Yes. Breakfast, lunch and dinner on the trek are included, with tea or coffee. You also get three nights in a 3-star Kathmandu hotel and a welcome dinner. Lunch and dinner in Kathmandu are not included.

Is altitude sickness a risk on this trek?

Yes, as on any trek above 4,000 m. You sleep at Lho before Sama Gaun, then take a full rest day there. Your guide checks on you twice a day. Worsening symptoms mean going down.

When is the best time for the Manaslu Larke Pass Trek?

The best times are September to November and March to May. Autumn gives the clearest skies. Spring brings rhododendron blooms and a cheaper permit rate. Avoid the June to August monsoon and the December to February winter.

Payment

You may pay your deposit and balance using any lawful means. If sending money by electronic bank transfer then you will be responsible for covering the cost of the fees associated with the transfer, so that the company receives the full amount shown on your invoice, in the denomination shown on your invoice.

Cancellation

In case you cancel your trip, please provide us a written notice 14 days prior (30 days prior in case of Bhutan and Tibet) to your departure date. Failure to do so will result in termination of the trip.

According to our policy, 25% of the deposit amount is non-refundable. So instead we recommend you to postpone your trip. However doing so will deduct 100USD from your advance deposit. The remaining amount after

deduction will be transferred to your Lifetime Deposit account for the next trip.

Refund policy

For now, we do not offer any refund services as the company provides Lifetime Deposit feature. The amount you transfer to us will never go in vain. The system allows you to utilize your deposit even after the cancellation of the trip. Later, either you or your family members/friends can use this scheme for the same trip or any other. For more information regarding to Lifetime Deposit, please contact through our official e-mail address.

Travel Insurance

A comprehensive travel insurance is mandatory before you start your trip with us. Make sure the insurance policy covers all the expenses such as medical, personal accidents, emergency evacuations, loss of gears, natural calamities, theft or damage to baggage and personal losses. We highly encourage that you check specifics while speaking to your insurance company before flying to Nepal.

Photos









Bookings

For all trekking enquiries and bookings

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View this trip online:
manaslucircuittreks.com/trip/manaslu-larke-pass-trek