

TREKKING & HIKING

Manaslu Circuit Trek

‘an exciting adventure around world’s 8th highest mountain range’



Overview

ACCOMODATION

HOTELS IN
KATHMANDU AND IN
BEST AVAILABLE
LOCAL LODGES ON
TREKS

HIGHEST POINT

AT LARKYA LA PASS
AT 5,106 M / 16,752
FEET

TREKKING DURATION

9 WALKING DAYS, 1
ACCLIMATIZATION
DAY, 2 DRIVING DAYS

ACTIVITY REGION

NEPAL FAR NORTH
MID-WEST AROUND
GORKHA DISTRICT TO
MANANG AREA

PERMITS REQUIRED

RAP, MCAP, ACAP

BEST SEASON

SEPTEMBER TO
NOVEMBER AND
MARCH TO MAY

MEALS

BREAKFAST, LUNCH
AND DINNER ON THE
TREK, WITH TEA OR
COFFEE AT MEALS

TRANSPORTATION

JEEP OR BUS FROM
KATHMANDU TO
MACHHA KHOLA AND
FROM DHARAPANI
BACK TO KATHMANDU.
PRIVATE VEHICLE
BOTH WAYS COSTS
EXTRA.

TOTAL DURATION

14 DAYS, 13 NIGHTS
(ARRIVAL TO
DEPARTURE)

DURATION

14 DAYS, 13 NIGHTS

GRADE

HARD

TRIP TYPE

CAMPING TREK

FROM

USD 975

The Manaslu Circuit Trek circles Mt. Manaslu (8,163m), the world's eighth-highest peak, through Nepal's remote North Mid-West region. The route begins in Gorkha district and ends at Dharapani in Manang — a spectacular 177km (110-mile) journey through subtropical valleys, Buddhist villages, and high alpine passes.

Opened to foreign trekkers in 1991, the Manaslu Circuit has spent three decades in the shadow of Nepal's two giants, Everest and Annapurna. That's starting to change. Trekkers looking for the scenery of the Annapurna Circuit without the crowds are increasingly choosing Manaslu instead — and once you've walked through Namrung, Lho, and Samagaon, it's easy to see why. This is a restricted area, so every trekker needs a licensed guide and the correct permits (Manaslu RAP, MCAP, and ACAP) — we cover exactly

what these cost and how to get them in the Required Permits section below.

The trail's heart lies in the Upper Manaslu Valley, where villages carry a strong Tibetan Buddhist identity — a legacy of the ancient salt-trade route that once connected Nepal and Tibet through this exact corridor. From Lho onward, expect monasteries, mani walls, and prayer flags framed by Mt. Manaslu, Sringi Himal, and Bauddha Himal.

The trek's high point — literally and figuratively — is Larkya La Pass at 5,106m. It's a demanding climb, but the reward is a 360° panorama that stretches from the Manaslu range across to Annapurna and Damodar Himal. From the pass, the trail descends to Bhimthang, then Dharapani, joining the famous Annapurna Circuit trail for the final stretch back toward Kathmandu.

At 14 days door-to-door, this itinerary is rated **Hard** difficulty — achievable for trekkers with solid fitness and prior multi-day hiking experience, even without technical mountaineering skills. For a full season-by-season breakdown, see Best Time to Trek below.

This Manaslu Circuit Trek package takes you around the world's eighth highest peak in 14 days. We handle your permits, a licensed guide, lodges and transport from Kathmandu, so you can focus on the walking.

What Is the Manaslu Circuit Trek?

The Manaslu Circuit Trek is a 14-day guided teahouse trek around Mount Manaslu (8,163 m) in Nepal. You cross Larkya La Pass at 5,106 m. It is moderate to challenging. The best seasons are September to November and March to May. It suits fit walkers who want quieter trails and Tibetan Buddhist villages.

Manaslu is a restricted area. Foreign trekkers need a special permit and a licensed guide. That is why the trails are far quieter than Annapurna or Everest. Nepal opened the region to trekkers in 1991.

Why Trek the Manaslu Circuit

- **Larkya La Pass (5,106 m).** The big day. Prayer flags mark the top, with views of Himlung, Cheo Himal, Kang Guru and Annapurna II.
- **Living Tibetan Buddhist villages.** From Namrung onward you walk past monasteries, chortens and mani walls on the old salt-trade route to Tibet.
- **Close views of Manaslu.** The North Face towers over Lho, and you can add a hike to Pung Gyang Gompa or Birendra Lake on your rest day.
- **Real variety.** You start in warm lowland farmland near Machha Khola, climb through pine and rhododendron forest, then finish through oak and rhododendron woods on the far side of the pass.
- **Quieter trails.** The permit rules keep numbers low, so you meet villagers more often than other trekkers.
- **A hot spring on Day 3.** If time allows, you can stop at the natural hot spring at Tatopani.

The trek ends at Dharapani, where the Manaslu Circuit meets the Annapurna Circuit trail. Some trekkers use this link to plan a longer route.

Manaslu Circuit Trek Itinerary: 14 Days at a Glance

Day	Route	Overnight altitude	Time
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1	Arrive in Kathmandu	1,324 m	Airport transfer
2	Drive to Machha Khola	930 m	About 8 hours
3	Machha Khola to Jagat	1,345 m	6 to 7 hours
4	Jagat to Deng	1,850 m	5 to 6 hours
5	Deng to Namrung	2,630 m	5 hours
6	Namrung to Lho	3,185 m	5 hours
7	Lho to Sama Gaun	3,520 m	5 to 6 hours
8	Acclimatization day at Sama Gaun (optional hike)	3,520 m	Rest or hike
9	Sama Gaun to Samdo	3,875 m	5 hours
10	Samdo to Dharmasala (Larke Phedi)	4,460 m	4 to 5 hours
11	Cross Larkya La (5,106 m) to Bhimthang	3,590 m	7 to 8 hours
12	Bhimthang to Dharapani	1,963 m	About 7 hours

13	Drive to Kathmandu	1,324 m	10 to 12 hours
14	International departure	-	Airport transfer

Altitude and Acclimatization on the Manaslu Circuit

You sleep above 3,000 m for six nights on this itinerary: Lho, Sama Gaun (two nights), Samdo, Dharmasala and Bhimthang. The single rest day at Sama Gaun is your main acclimatization stop before the pass.

The walk from Samdo to Dharmasala is short, but you sleep 585 m higher than the night before. Treat it as a slow day, not an easy one.

Watch for these signs of Acute Mountain Sickness (AMS): headache, nausea, dizziness and loss of appetite. Mild symptoms are common and often ease with rest and water. Worsening symptoms mean going down. Your guide briefs you each evening on the next day's climb and what to watch for, and adjusts the plan if someone struggles.

How Difficult Is the Manaslu Circuit Trek?

It is moderate to challenging. You need no climbing skills, but you do need stamina. Walking days run from 4 to 8 hours, the trail climbs steadily for days, and the Larkya La crossing is long, cold and steep.

- **Hardest day:** Day 11, from Dharmasala over the pass to Bhimthang. You start early and descend a long way.
- **Easiest days:** the first walking days on lower, warmer trails.

- **Best preparation:** several weeks of long hikes with a loaded daypack, stair climbing, leg strength work and some cardio. Break in your boots before you fly.
- **Talk to your doctor first** if you have a heart, lung or blood pressure condition, a recent injury, or any condition that high altitude can make worse.

Trip Highlights

- Manaslu is a fresh new destination for outside visitors, it is less frequented than other popular trails of Annapurna and Everest.
- Manaslu Circuit offers an amazing traditional culture of Buddhist heritage in the backdrop of surrounding majestic mountain scenery.
- Incredible stunning views on daily walks enclosed by an array of Manaslu Himalayan peaks.
- Enjoy the challenges climb on the steep slopes towards Larke-La Pass at 5,106 m/16,929 ft. The highest point of the adventures.
- Relax and experience the vista in the comfort of nice authentic Tea-Houses en route to your designated overnight destinations.
- Adventure on the off-the beaten path towards high Larke-La Pass and descent to Dharapani. Walking through a lovely green forest of pines, oaks, and rhododendrons trees.

Itinerary

DAYS	HIGHLIGHTS
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DAY 01	ARRIVAL IN KATHMANDU 1,324 M AND TRANSFER TO HOTEL
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Our team meets you at Tribhuvan International Airport and drives you to your hotel in the Thamel area. Freshen up, then meet your guide or trek leader for a trip briefing. In the evening we share a welcome dinner at a traditional Nepali restaurant, with a live cultural show.

Overnight: Kathmandu hotel

DAY 02	DRIVE TO MACHHA KHOLA 930 M (APPROX. 8 HRS.):
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Start early. The road heads west on the main highway past towns and farm villages to Arughat. From there it follows the Budhi Gandaki River upstream through warm lowlands of rice terraces to Soti Khola, then on past the terraces of upper Lapbesi. The last stretch runs along a wide, sandy riverbed under steep, craggy valley walls. You end the day at Machha Khola, which means "Fish Stream", a small village with a few tea shops and a simple lodge.

Drive time: about 8 hours. **Overnight:** Machha Khola lodge

DAY 03 TREK TO JAGAT 1,345 M (APPROX. 6-7 HRS)

Your first walking day follows the river past farm villages and crop fields to Khola Besi and Tatopani, where a natural hot spring waits. If time allows, take a warm soak. Lunch is at Dovan. In the afternoon you cross a bridge over the Lauri stream, climb a high ridge, drop to Yara Khola and make the last hour's climb into Jagat, a farm village with simple lodges and shops. Jagat is the entry point to the restricted area, where all permits are checked and registered.

Walking time: 6 to 7 hours. **Overnight:** Jagat lodge

DAY 04 TREK TO DENG 1,850 M (APPROX. 5-6 HRS.)

The trail climbs past scattered farms, with a short ascent and a descent. After a bridge you reach Nagjet and Philim, a large village with spread-out farmhouses. Beyond Philim the path crosses terraces of wheat and barley, then climbs a rocky ridge through bamboo forest. A slow, steady walk brings you to Deng.

Walking time: 5 to 6 hours. **Overnight:** Deng lodge

DAY 05 TREK TO NAMRUNG 2,080 M (5 HRS.):

The air cools as you climb into pine and rhododendron forest. A short descent leads to the river at Bihi Bazaar. The trail then follows the Budhi Gandaki, crosses the river and passes a small farm village and fields of barley, wheat and millet. You arrive at Namrung with your first close view of the North Face of Manaslu. From here on, villages show strong Tibetan influence, with Buddhist culture and traditional life.

Walking time: about 5 hours. **Overnight:** Namrung lodge

DAY 06 TREK TO LHO 3,185 M (5 HRS.)

Leave Namrung through farm fields and past yak herder huts, then follow a high, scenic valley to Lho (also written Lo Gaon), one of the nicest villages in the Manaslu valley. You get close views of the towering North Face of Manaslu, and Ganesh Himal shows to the east. Visit the monastery with its many chortens and mani walls.

Walking time: about 5 hours. **Overnight:** Lho lodge

DAY 07 TREK TO SAMA-GAON 3,520 M (5-6 HRS.)

The walk continues through a wide, scenic valley on the main circuit trail. After Lho the trees fade away, leaving low juniper bushes and a few willows. Snow peaks line the path. You finish in Sama Gaun, a large main village of the upper valley. Trails from here lead to Manaslu Base Camp, to Larkya La and on toward the Tibet border.

Walking time: 5 to 6 hours. **Overnight:** Sama Gaun lodge

DAY 08**ACCLIMATIZATION DAY (OPTIONAL HIKE TO PUNG GYANG GOMPA OR BIRENDRA LAKE EN ROUTE TO MANASLU EXPEDITION BASE CAMP:**

Today is a rest day that helps your body adjust before the higher ground ahead. Take a free day to explore the village and visit the old Buddhist monastery. If you feel strong, you can join an optional hike to Pung Gyang Gompa or to Birendra Lake, on the way to the Manaslu expedition base camp. Your guide will advise which one suits the group and the weather.

Overnight: Sama Gaun lodge

DAY 09**TREK TO SAMDO 3,875 M (5 HRS.)**

Head west across windswept terrain. The morning climb is slow and gradual, and the air feels dry. Walk slowly and enjoy the views. After a short climb onto a small plateau you reach Samdo, the last village in the Manaslu valley. It has more than forty houses and about two hundred people living in a high, harsh landscape. You have time to take in the surrounding peaks.

Walking time: about 5 hours. **Overnight:** Samdo lodge

DAY 10 TREK TO DHARMASALA / LARKE PHEDI 4,460 M (4-5 HRS.)

This is one of the shortest walks, but you sleep much higher than the night before. The trail runs toward the end of the Manaslu valley with views of the Manaslu range. You cross a few icy streams to reach Larke Phedi, also called Dharmasala, the "rest house" at the foot of Larkya La. This is your last night before the pass. Lodges are basic and can be crowded. Eat well, drink water and go to bed early.

Walking time: 4 to 5 hours. **Overnight:** Dharmasala lodge (basic)

DAY 11 CROSS THE LARKE LA PASS (5,106 M), AND DESCEND TO BHIMTHANG (3,590 M) APPROX. 7-8 HOURS OF STEEP UPS AND DOWNHILL WALKS:

This is the longest and toughest day. Start early. The route climbs over moraine, rocks and boulders close to the Larke glacier. Rest briefly and enjoy views of Cho Danda and Larke Peak. After a gradual climb you reach the top of Larkya La, hung with thousands of colorful prayer flags. From the pass you see Himlung, Cheo Himal, Kang Guru and Annapurna II, along with the Manaslu range. Then comes a long descent to Larcha, along the ridge of Tambuche and down into the green forests of the Manang district. An hour or more of walking brings you to Bhimthang, a lovely settlement on a green meadow with mani walls and tall rhododendron, pine and oak trees.

Walking time: 7 to 8 hours. **Overnight:** Bhimthang lodge

DAY 12 TREK TO DHARAPANI 1,963 M. (APPROX. 7 HRS.)

Start early with breakfast. The trail is mostly downhill with short climbs. A gradual path through dense forest leads toward Gho, where you may stop for lunch near yak herders' summer pastures with temporary huts. Then you descend for a few hours to Tilje above the Marsyangdi River, take a short path on, and cross a suspension bridge with a short climb to Dharapani. This village sits at the junction of the Annapurna Circuit and Manaslu Circuit routes. It marks the end of the trek.

Walking time: about 7 hours. **Overnight:** Dharapani lodge

DAY 13 DRIVE TO KATHMANDU (APPROX. 10–12 HRS.)

After an early breakfast, a jeep or similar vehicle takes you downhill through warm foothills of villages and rice terraces, along the Marsyangdi River to Besisahar. This is the headquarters of Lamjung district, and the road improves from here. You join the main highway at Mugling on the Trisuli River, then climb the winding road up to Kathmandu. In the city, we transfer you to your hotel for a last night in Nepal.

Drive time: 10 to 12 hours. **Overnight:** Kathmandu hotel

DAY 14 INTERNATIONAL DEPARTURE

Our guide and staff transfer you to the airport in time for your international flight. We hope the Manaslu Circuit is the trip of a lifetime for you.

Service INCLUDED

- Airport pick-up and drop-off by private vehicle
- 2 nights in a 3-star Kathmandu hotel, twin share
- 11 nights in local lodges on the trek, twin share
- Breakfast, lunch and dinner on the trek, with tea or coffee at meals
- Welcome dinner at a traditional Nepali restaurant with a cultural show
- Kathmandu sightseeing with a private vehicle (entrance fees extra)
- Jeep or bus from Kathmandu to Machha Khola and back to Kathmandu
- Manaslu Restricted Area, Manaslu Conservation Area and Annapurna Conservation Area permits
- One experienced licensed guide, with his food, lodging, salary, equipment and accident insurance (cover for all staff)
- Four-season sleeping bag if you need one
- Company duffle bag and T-shirt
- First aid kit with vital medicines
- One company water bottle
- Local taxes

Service NOT INCLUDED

- International flights
- Nepal visa fee (you can get the visa on arrival at Tribhuvan International Airport)
- Lunch and dinner in Kathmandu, except the welcome dinner

- Drinks other than tea or coffee with meals
- Porter service (ask us if you want one)
- Personal travel and health insurance, including helicopter evacuation cover
- Tips for guide and staff
- Personal trekking gear
- Hot showers, device charging and Wi-Fi at lodges
- Private vehicle both ways (available at extra cost)
- Optional trips if you extend your stay
- Extra costs from flight delays, strikes, bad weather or other events outside our control

Safety & Guide Information

Guides: Your guide is licensed and government registered, trained in altitude awareness and basic medical response, and knows the region's culture and wildlife. English-speaking guides are standard. Guides for other languages can be arranged on request.

Emergencies: If someone has serious AMS, an injury or an illness, we organize a descent to a safe altitude. If needed, we arrange a helicopter evacuation to Kathmandu. Evacuation costs are your responsibility, so travel insurance with helicopter evacuation cover is not optional. Make sure it covers you up to at least 5,200 m.

Communication: Mobile coverage exists along much of the route but is unreliable in deep valleys and bad weather.

Best Time to Trek

Season	Months	What to expect	Verdict
Autumn	September to November	Clear skies, cold mornings, short days	Best overall
Spring	March to May	Rhododendrons in bloom, longer days, afternoon cloud	Second best
Winter	December to February	Very cold, few trekkers, many lodges closed	Experienced trekkers only
Monsoon	June to August	Heavy rain, landslide risk, roads can close	Not recommended

- **Autumn:** sunny days are the norm, but it gets dark by about 5:30 p.m. Mornings and evenings are cold, and light snow is possible above 3,000 m, especially from Namrung to Bhimthang.
- **Spring:** daylight runs from about 5:30 a.m. to 6 p.m., which helps on long days. Expect cold mornings, cloud and wind in the afternoon, light snow above 3,000 m and some rain below 2,000 m.
- **Winter:** most lodges close because locals move to lower villages. Plan carefully and expect heavy snow at times.
- **Monsoon:** trails wash out and the roads to Machha Khola and from Dharapani to Besisahar may close.

The sun is strong above 3,000 m and afternoons can be windy. Pack sunglasses, sun cream and warm layers. Nights above 4,000 m fall below freezing in every season.

Required Permits for Manaslu Circuit Treks

Manaslu is a restricted area. You cannot walk it without permits and a licensed guide. We apply for every permit through the right channels, so you only send your passport copy, visa details, passport-size photos and insurance information.

Permit	Where it applies	Fee for foreign trekkers
Manaslu Restricted Area Permit (RAP)	From Jagat, where permits are checked, through the upper valley	September to November: USD 100 for the first 7 days, then USD 15 per extra day. December to August: USD 75 for the first 7 days, then USD 10 per extra day.
Manaslu Conservation Area Permit (MCAP)	The protected Manaslu area	NPR 3,000
Annapurna Conservation Area Permit (ACAP)	The final section, after the pass, because the trek ends at Dharapani	NPR 3,000

Permit	Where it applies	Fee for foreign trekkers
Chumnubri Rural Municipality fee	The Chumnubri section of the trail	NPR 1,000

Rules to know:

- A licensed guide is required for every trekker.
- Only a registered trekking agency can apply for the restricted area permit. You cannot apply yourself.
- Solo travellers can now apply for the restricted area permit alone. The old rule that needed two trekkers was removed on 22 March 2026. The guide and agency rules did not change.
- Fees are set by the government and can change. We confirm the current figures with you before you travel.

Nepal's Department of Immigration announced the change for solo trekkers on 22 March 2026. It covers restricted areas across 13 districts, including the Manaslu region.

Last checked: October 2026. contact us to discuss options.

Manaslu Circuit Trek Packing List

Head and hands	Sun hat or scarf, warm fleece hat or balaclava, UV sunglasses, light gloves and heavy waterproof gloves
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Upper body	T-shirts, thermal base layers, fleece jacket, waterproof shell jacket, down jacket
Lower body	Hiking shorts (spring and autumn), thermal base layer pants, waterproof shell pants, fleece or wool pants
Feet	Broken-in hiking boots, thin liner socks and thick wool socks, camp shoes or sandals, gaiters in winter
Gear	Four-season sleeping bag (we lend one if you need it), headlamp with spare batteries, trekking poles, 25 to 30 L daypack, two water bottles or a hydration bladder
Documents	Passport with visa, travel and medical insurance with helicopter evacuation cover, passport-size photos for permits

Accommodation & Food

Lodges (teahouses): Rooms are simple and clean. Most are twin share with shared bathrooms. Hot showers cost extra in most villages.

Meals: Dining rooms are warm and social, heated by a central stove. Small villages serve mostly seasonal vegetables and dal bhat. Bigger stops such as Jagat, Namrung, Sama Gaun and Dharapani add Continental, Chinese, Indian and Tibetan dishes.

Power and Wi-Fi: Villages run mostly on hydropower, with solar backup in the smallest settlements. Charging and Wi-Fi cost a small fee. Signal drops in the high valleys. Jagat, Namrung, Lho, Sama Gaun and Dharapani usually

have the steadiest connections.

Above Samdo: Lodges around Dharmasala (Larke Phedi) are basic and can fill up in peak season. Some trekkers may share a tented space when lodges are full. Bring a sleeping bag liner in every season.

There are very few ATMs on the trail. Carry enough Nepali rupees from Kathmandu for showers, charging, snacks and tips.

FAQs

How long is the Manaslu Circuit Trek?

The package runs 14 days from arrival in Kathmandu to departure. You walk on 9 days, rest and acclimatize for 1 day at Sama Gaun, and spend 2 days driving to and from the trail. Day 1 is arrival and Day 14 is departure.

How difficult is the Manaslu Circuit Trek?

It is moderate to challenging. There is no technical climbing, but walking days run from 4 to 8 hours, you sleep above 3,000 m for six nights, and the Larkya La Pass crossing at 5,106 m is a long day. Good fitness and training help a lot.

Do we need a guide and porters?

You need a licensed guide. Nepal requires one in the Manaslu restricted area, and your permits are issued through a registered agency. Porters are optional. Ask us if you want one to carry your main bag.

Can I trek the Manaslu Circuit solo?

You can apply for the restricted area permit as one person since Nepal's Department of Immigration changed the rule on 22 March 2026. You still need a registered agency and a licensed guide. You cannot walk the route without a guide.

What permits do I need for the Manaslu Circuit Trek?

You need a Manaslu Restricted Area Permit, a Manaslu Conservation Area Permit and an Annapurna Conservation Area Permit. A small local fee for Chumubri Rural Municipality may also apply. We handle the paperwork for you.

What is the highest altitude on this trek?

The highest point is Larkya La Pass at 5,106 m (16,752 ft). The highest place you sleep is Dharmasala, also called Larke Phedi, at 4,460 m.

Is the Manaslu Circuit trek safe?

Most trekkers finish safely with steady pacing, good acclimatization and an experienced guide. Altitude is the main risk. Your guide briefs you each evening and watches for symptoms. Worsening symptoms mean going down. Insurance with helicopter evacuation cover is essential.

How do I prepare physically for the Manaslu Circuit Trek?

Train for two to three months before you go. Build up long hikes with a loaded daypack, add stair climbing and leg strength work, and include some cardio. Break in your boots before you arrive in Nepal.

How high is Mt. Manaslu?

Mount Manaslu is 8,163 m, the eighth highest mountain in the world. The trek circles the mountain but does not climb it.

How far does the motorable road run on the Manaslu Circuit Trek?

On this itinerary the road takes you from Kathmandu to Machha Khola, about an 8 hour drive on Day 2, where the trek starts. The trek ends at Dharapani, where you rejoin the road for the drive back to Kathmandu on Day 13.

How cold can it get on the Manaslu Circuit Trek?

Days are mild in the lower villages, but nights above 4,000 m fall below freezing in every season. Expect frost, cold wind and light snow above 3,000 m. Pack a warm sleeping bag, a down jacket and thermal layers.

Is the Manaslu Circuit a busy and popular trek?

No. Manaslu is a restricted area, so it sees far fewer trekkers than Annapurna or Everest. Lodges near Dharmasala can still fill up in peak season, so book early.

When is the best time to do the Manaslu Circuit Trek?

The best times are September to November and March to May. Autumn gives clear skies and cold mornings. Spring brings longer days and rhododendron blooms. Winter is cold and many lodges close. The monsoon from June to August is not recommended.

Payment

You may pay your deposit and balance using any lawful means. If sending money by electronic bank transfer then you will be responsible for covering the cost of the fees associated with the transfer, so that the company receives the full amount shown on your invoice, in the denomination shown on your invoice.

Cancellation

In case you cancel your trip, please provide us a written notice 14 days prior (30 days prior in case of Bhutan and Tibet) to your departure date. Failure to do so will result in termination of the trip.

According to our policy, 25% of the deposit amount is non-refundable. So instead we recommend you to postpone your trip. However doing so will deduct 100USD from your advance deposit. The remaining amount after deduction will be transferred to your Lifetime Deposit account for the next trip.

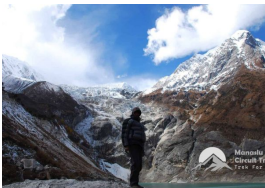
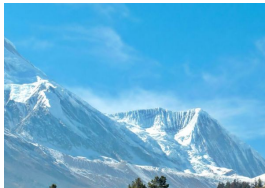
Refund policy

For now, we do not offer any refund services as the company provides Lifetime Deposit feature. The amount you transfer to us will never go in vain. The system allows you to utilize your deposit even after the cancellation of the trip. Later, either you or your family members/friends can use this scheme for the same trip or any other. For more information regarding to Lifetime Deposit, please contact through our official e-mail address.

Travel Insurance

A comprehensive travel insurance is mandatory before you start your trip with us. Make sure the insurance policy covers all the expenses such as medical, personal accidents, emergency evacuations, loss of gears, natural calamities, theft or damage to baggage and personal losses. We highly encourage that you check specifics while speaking to your insurance company before flying to Nepal.

Photos



Bookings

For all trekking enquiries and bookings

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