

# Nepal Trekking Permit Checklist 2026

A printable summary of the documents, fees and offices for the Manaslu Circuit and Tsum Valley, with a quick reference for other regions. Fees checked October 2026.

**Important:** Nepal changes permit rules and fees often. Treat these figures as a planning guide and confirm the final amounts with your trekking agency before you pay. Permit fees are non-refundable.

## 1. Documents to prepare

- ☐ Passport valid for at least 6 months after arrival
- ☐ Scanned colour copy of your passport photo page
- ☐ Nepal tourist visa (on arrival or online) and a copy of it
- ☐ 4 recent passport-size photos (digital copies too)
- ☐ Travel insurance covering trekking and helicopter rescue up to at least 6,000 m
- ☐ Booking with a government-registered trekking agency
- ☐ A licensed trekking guide (mandatory in restricted areas)
- ☐ Planned entry and exit dates for each permit zone
- ☐ Emergency contact name and phone number
- ☐ Nepali rupees in cash for local fees and checkpoints
- ☐ 2 printed copies of every permit (keep 1 separately)
- ☐ Photos of all permits saved on your phone

## 2. Manaslu Circuit & Tsum Valley permit fees

| Permit                                                                 | September – November                                                    | December – August                                | Where it's issued                                           |
|------------------------------------------------------------------------|-------------------------------------------------------------------------|--------------------------------------------------|-------------------------------------------------------------|
| Manaslu Restricted Area Permit (RAP)                                   | USD 100 for the first 7 days, then USD 15 per day                       | USD 75 for the first 7 days, then USD 10 per day | Department of Immigration, through a registered agency only |
| Tsum Valley Restricted Area Permit (only if visiting Tsum)             | USD 40 for the first 7 days, then USD 7 per day                         | USD 30 for the first 7 days, then USD 7 per day  | Department of Immigration, through a registered agency only |
| Manaslu Conservation Area Permit (MCAP)                                | NPR 3,000 (about USD 22) for foreigners · NPR 1,000 for SAARC nationals | Same all year                                    | Nepal Tourism Board, Kathmandu                              |
| Annapurna Conservation Area Permit (ACAP) (when exiting via Dharapani) | NPR 3,000 (about USD 22) for foreigners · NPR 1,000 for SAARC nationals | Same all year                                    | Nepal Tourism Board, Kathmandu or Pokhara                   |
| Local municipality fee (Chumnubri)                                     | About NPR 1,000 – 2,000, paid in cash on the trail                      | Amount varies, carry small notes                 | Collected on the trail                                      |

Typical total for a standard 14-day Manaslu Circuit in autumn (about 10 days inside the restricted zone): roughly USD 190–200 per person. Adding Tsum Valley usually brings it to USD 230–260.

## 3. Rules to know before you go

- No independent trekking:** a licensed guide and a registered agency are required for the Manaslu and Tsum restricted areas. You cannot apply for a RAP yourself.
- Group size:** the long-standing rule was a minimum of 2 trekkers per RAP. Reports from 2026 say solo trekkers with a guide may now be allowed. Confirm with your agency before booking alone.
- TIMS card:** not usually issued separately when you hold a RAP. Your agency will tell you if it's needed for your route.
- Checkpoints:** permits are checked at Jagat, Philim, Samagaun and Dharapani. Keep them easy to reach, not buried in your duffel bag.
- Extensions:** overstaying the RAP dates is charged per extra day. Plan buffer days into your permit dates.
- Lost permit:** report it at the next checkpoint and contact your agency at once. A spare printed copy saves hours.

4. Other popular regions (quick reference)

| Region                             | Main permit fees                                                                                                                                                             |
|------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Annapurna (ABC, Annapurna Circuit) | ACAP NPR 3,000 · TIMS NPR 2,000                                                                                                                                              |
| Everest / Khumbu                   | Sagarmatha National Park NPR 3,000 + VAT · Khumbu Pasang Lhamu municipality fee NPR 2,000                                                                                    |
| Langtang                           | Langtang National Park NPR 3,000 · TIMS NPR 2,000                                                                                                                            |
| Upper Mustang & Upper Dolpo        | Restricted area permit: long listed as USD 500 for 10 days, then USD 50 per day. Late-2025 reports say it is now charged at USD 50 per day. <b>Confirm the current rate.</b> |
| Kanchenjunga                       | Restricted area permit USD 20 per week for the first 4 weeks, then USD 25 per week · Kanchenjunga Conservation Area permit (about NPR 2,000–3,000)                           |

5. Permit offices in Nepal

|                                                                                                                                                                            |                                                                                                                                                          |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Department of Immigration</b><br>Kalikasthan, Kathmandu<br>Restricted Area Permits (Manaslu, Tsum, Mustang, Dolpo, Kanchenjunga). Applications are made by your agency. | <b>Nepal Tourism Board – Tourist Service Centre</b><br>Bhrikutimandap, Kathmandu<br>MCAP, ACAP, national park permits and TIMS. Open Sunday – Friday.    |
| <b>Nepal Tourism Board – Pokhara</b><br>Damside, Pokhara<br>ACAP and TIMS.                                                                                                 | <b>Manaslu Circuit Treks</b><br>We arrange all Manaslu, Tsum and Annapurna permits for our trekkers.<br>info@manaslucircuittreks.com · +977 985 117 9975 |

6. Permit application details (fill in and send to your agency)

Full name (as in passport)

Nationality

Passport number / expiry date

Nepal visa number / expiry date

Date of birth

Home address

Email / phone

Insurance company / policy number

Emergency contact (name, relation, phone)

Trek and route

Restricted area entry date / exit date

Visiting Tsum Valley? (yes / no)

7. Timeline

| When                        | What to do                                                                                                                                        |
|-----------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| 4–6 weeks before            | Book with your agency and send passport and insurance scans plus the form above. Allow longer in peak season (March – May, September – November). |
| After arriving in Kathmandu | Hand over your original passport and photos if asked. Restricted area permits are issued on working days, usually within one day.                 |
| Day before the trek         | Collect every permit, check the names and dates, and print 2 copies of each.                                                                      |
| On the trail                | Show permits at each checkpoint and keep the local fee in cash.                                                                                   |